

# Rest Home Services

Occupational Therapy assessment and intervention include:

- Initial assessment of individual, environment, daily occupations, needs, wants, goals and aspirations
- Rehabilitation
- Comfort and pressure relief
- Seating and positioning
- Palliative care
- Engagement in meaningful activities
- Review of equipment
- Risk assessment and development of client safety and handling plans
- Training and staff development
- Moving and Handling
- Supervision and support for staff

## Prices:

Individual OT assessment and intervention	\$100 per hour
Training and staff development	\$100 per person per training
Professional supervision	\$100 per hour
Moving and handling	- see separate sheet for options

All costs are exclusive of GST. GST of 15% will be added.

# **Role of occupational therapists essential for care homes**

*Retrieved from Mangar Health July 2019*

Occupational therapists are key professionals in a variety of settings, including care homes, according to the latest report.

## **The National Institute for Health and Care Excellence**

The National Institute for Health and Care Excellence (NICE) has highlighted the importance of having such expertise when looking after elderly and vulnerable patients. It comes as part of an initiative across England to urge councils to ensure they are providing meaningful and person-centred activities in care homes. This, according to the body, will guarantee that each local authority is meeting its safeguarding responsibilities.

The latest announcement is part of a briefing to local government from NICE, which emphasised the importance of involving occupational therapists when trying to improve the general health of people living in care homes. It also stated that a lack of meaningful activity can suggest a wider pattern of neglect.

As well as improving the standard of care, and safeguarding the health of people in care homes, NICE states that providing more meaningful and person-centred activities could also reduce the cost of care. In addition, it would also potentially help people keep their independence for as long possible, and support councils in their duty of providing care to residents.

## **College of Occupational Therapists**

Karin Tancock, a professional adviser at the College of Occupational Therapists (COT), said: “These recommendations from NICE leave no doubt about the necessity for meaningful activity in care homes. We welcome the clear action points for Councils which includes embedding occupational therapy in their strategy to deliver good standards of care for residents.”

She said keeping mentally and physically occupied is “a human need” and unless this is supported by care home residents their health is at serious risk.

“We call on our partners in social care to work with occupational therapists in their area to give people in care homes fair access to meaningful and person centred activities,” Ms Tancock added.

The College of Occupational Therapists has produced a free Living Well Through Activity for Care Homes Toolkit providing practical steps and advice to increase activity in care homes. It includes specific guides for care home inspectors, owners, managers and staff and resources for residents and their families.